



NPLQ course

at de Stafford Sports Centre

Monday 8 - 12 Friday April

9am - 6pm

Assessment on Friday afternoon

PLEASE NOTE: You must be 16yrs before the assessment date & swim competently for 100m. 100% attendance required & pre-course enrollment must be completed

For more information contact:

de Stafford Sports Centre

01883 716717

hctandridge@freedom-leisure.co.uk

www.freedom-leisure.co.uk/destafford

Course costs:

£280



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where you matter