

## Independent guide to care and support in Surrey - a crucial time for information

A new, updated, independent Care Services Directory has been published today which gives readers crucial information on how to access, and pay for, care services throughout Surrey. In an increasingly digital world, this printed publication is a useful resource to keep handy if you find it difficult to get online.

If you're growing concerned about your care options, or just want some more information on what your choices may be, this Directory can help. With information to help you understand your options, where to go for advice and how the paying for care system works, the Surrey Care Services Directory can support you to make informed decisions.

The new edition of the independent publication and accompanying website give information on all aspects of arranging care and support in Surrey. It includes how to stay independent for as long as possible, the different care and support options available and what to look for when choosing a care provider. It also offers guidance on important issues such as paying for care and what financial assistance may be available from the local authority. There are comprehensive listings of all registered care services throughout Surrey, plus checklists to help you ask the right questions when visiting services.

The Directory will be available throughout the region from outlets including carers' centres, hospitals, GP surgeries, Age UK and the Alzheimer's Society. It can be downloaded from [www.carechoices.co.uk](http://www.carechoices.co.uk) and is also available in spoken word. You can also order a copy to your door by visiting [www.carechoices.co.uk/order-copies-of-a-directory](http://www.carechoices.co.uk/order-copies-of-a-directory)

Jo Dovey, Director of Policy and Communications at the Directory's publisher, Care Choices, commented: "This is an invaluable source of information for anyone considering short- or long-term care in Surrey, and contains vital information to help people decide what type of care and support is best for them.

"With the current crisis in social care, finding a care service for yourself or a loved one that meets their needs and is affordable can be a daunting and unfamiliar task.

This new independent Directory has been compiled to help people understand the process and offer them reassurance at every step of their journey.”

Care Choices is the UK’s largest independent publisher for social care and adults with additional needs. It is also the largest publisher of care directories for local authorities in England.

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For more information, please contact Gemma Seaber-Shinn, Care Choices. Tel: 01223 207770. Email: [gemma@carechoices.co.uk](mailto:gemma@carechoices.co.uk)

**Notes to editors:**

Care Choices works alongside industry governing bodies, local authorities and providers to publish impartial guidance for individuals and their families. Care Choices provides unbiased, comprehensive information on choosing care and support.

Care Choices also publishes its directories online at [www.carechoices.co.uk](http://www.carechoices.co.uk) which contains a searchable database of all care providers in England.

Care Choices publishes leading social care magazine, Care Management Matters [www.caremanagementmatters.co.uk](http://www.caremanagementmatters.co.uk), plus a selection of regional Dementia Guides containing information specific to those living with or caring for someone with dementia.

Care Choices also manages the practical online resource My Family Our Needs, [www.myfamilyourneeds.co.uk](http://www.myfamilyourneeds.co.uk), which contains advice and information for parents of disabled children.

Care Choices also arranges care sector events.

3<sup>rd</sup> Sector Care Awards [www.3rdsectorcareawards.co.uk](http://www.3rdsectorcareawards.co.uk)

CMM Insight [www.caremanagementmatters.co.uk/events](http://www.caremanagementmatters.co.uk/events)

The Transition Event [www.myfamilyourneeds.co.uk/events/category/the-transition-event/list](http://www.myfamilyourneeds.co.uk/events/category/the-transition-event/list)

BAPs Blogging Awards [www.myfamilyourneeds.co.uk/baps](http://www.myfamilyourneeds.co.uk/baps)

The listings of care providers contained in Care Choices’ publications are supplied by the regulatory body, the Care Quality Commission.